Killington Peak Via the Buckin Trail
Killington

Overview: Climb to the highest point and the best view in Rutland County. Killington Peak is the second highest peak in Vermont.

Length: 7.2 Miles

Elevation Gain: 2,500 Feet

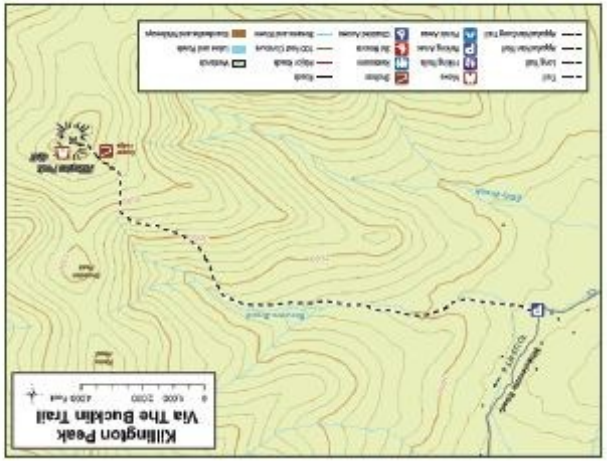
Terrain: Mostly standard trail; a steep, rocky scramble with some use of hands on final 0.2 miles.

Hiking Level: Difficult

Features & Points of Interest: At 4,241', Killington Peak represents one of the few alpine regions above tree line in Vermont. It affords a 360 degree view to include mountains of the Green, Taconic, White, and Adirondack ranges and nearby city of Rutland. A trail leads east from the summit for 0.1 miles to the upper terminal of the Gondola.

Directions to Trailhead: Travel west on US Rt. 4. Travel approximately 5.5 miles and then turn left onto Wheelerville Rd. Travel for 4.1 miles to unmarked Brewers Corner, a sharp, 90-degree right turn with a parking area and trailhead on the left. Park in the parking area. Start your hike from the back of the parking area.

Route Description: The blue blazed Buckin Trail proceeds to the east for 2.6 miles on a gentle grade, generally following, and twice bridging the course of Brewers Brook. The trail then turns right, leaves the brook, and climbs steadily for 1.3 miles where it is joined from the left by the white-blazed Long/Appalachian Trail and in another 0.1 miles, reaches Cooper Lodge. One-hundred feet above the lodge at a group of pine plantations, the Long-Appalachian trail departs to the right while the blue-blazed Killington Spur Trail continues ahead, up the final steep, rocky 0.2 mile scramble to the summit.



Pico Peak Loop Via the Long Trail & Sherburne Pass Trail
Killington

Overview: This is a hike for the more advanced hiker up to the top of Pico Peak with gorgeous views of Vermont.

Length: 8.5 Miles

Elevation Gain: 2,000 Feet

Terrain: Mountain trail, plus a 1-mile highway walk to complete the loop.

Hiking Level: Difficult

Features & Points of Interest: About a mile from Sherburne Pass notice the sinkhole on the left where a running stream disappears into a hole in the ground.

Directions to Trailhead: Travel west on US Rt. 4 toward Pico Mountain resort. After Pico Mountain, turn left into the Longpfadelchen Trail crossing parking area. Start your hike at the southwest corner of the parking lot.

Route Description: The Long Trail (white blazes) shares a bridge with the Catamount Ski Trail and then bears left to begin a more or less steady climb. Travel 1.9 miles to a spur trail to Churchill Scout Shelter on the right. Travel an additional 1.3 miles and arrive at Jungle Junction. Turn left and follow the Sherburne Pass Trail (blue blazes) for 0.4 miles to Pico Camp. The Pico link to Pico Peak summit starts at the north side of the camp. After visiting the Peak return to the camp and continue north on the Sherburne Pass trail for 2.7 miles to US Rt. 4 at Sherburne Pass. Follow Rt. 4 west for 1.8 miles to return to your starting point.

Hiking Trails Overview

Trail Maps Legend

- Trail
- Long Trail
- Appalachian Trail
- Appalachian/Long Trail
- Views
- Hiking Trails
- Parking Areas
- Picnic Areas
- Shelters
- Restrooms
- Ski Resorts
- Disabled Access
- Roads
- Major Roads
- 100 Foot Contours
- Streams and Rivers
- Wetlands
- Lakes and Ponds
- Boardwalks and Walkways

Hiking Guidelines

Leave your itinerary and schedule with a responsible person

Wear supportive, comfortable shoes, and dress in waterproof layers

Know your abilities and pack accordingly– bring water, sunblock, a snack, and a first-aid kit

If you're unsure of what trail to take, backtrack until you re-gain your bearings

Don't litter – only carry in what you can carry out

Do not disrupt any wildlife

Conduct a 'tick-check' after you've completed your hike

Trail Categories

Easy: Most of these trails are relatively short and less than two miles long with few steep pitches and many flat or gentle sections where you can catch your breath. The vertical climb is normally less than 750 feet.

Moderate: Most trails rated 'moderate' are less than three miles long. They climb fairly continuously uphill with occasional rest stations. Steep pitches are common. The vertical climb is normally between 750 feet and 1,500 feet. You should allow half a day.

Difficult: Trails rated 'difficult' tend to be longer than three miles with vertical climbs exceeding 1,500 feet. There are very few "rest" sections. You should attempt these trails only if you are in excellent physical condition.

Killington Region Hiking Guide

TOWN OF KILLINGTON VERMONT

DiscoverKillington.com

DiscoverKillington.com

The Summit of Vermont Hiking

High above Killington at the crossroads of Vermont lies the intersection of two renowned and historic hiking trails that beckon hikers and trekkers from around the world: the Appalachian Trail and the Long Trail. These two celebrated trails provide challenge and gratification to everyone from the most experienced hikers and trekkers to first-timers wishing to experience the awe and adventure of hiking in Vermont's Green Mountains.

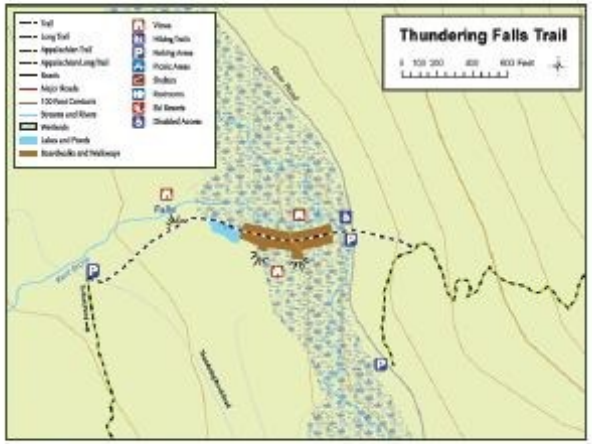
Included in this map are ten hikes ranging from easy to difficult. Each map provides the following information: overview, trail length, elevation gain, terrain, hiking level, features, directions to trailhead and route description.

All directions start from the Killington Region sign located at the bottom of Killington Road and its intersection with Route 4.

Whether you're looking for a day of adventure, a short family walk, or a moderate hike to a scenic vista, this map will provide all the information you need.

You are invited to explore, discover and celebrate the very best of Vermont hiking in Killington.

Thundering Falls Trail
Killington



Overview: A family-friendly, handicapped accessible walk to a spectacular waterfall, with an optional extension to Kent Pond via the Appalachian Trail.

Length: 1 Mile

Elevation Gain: 30 Feet

Terrain: Boardwalk, packed gravel

Hiking Level: Easy

Features & Points of Interest: 6th largest Waterfall in Vermont and historical mill site.

Directions to Trailhead: Travel east on Rt. 4 toward Woodstock for 1.8 miles. Turn left onto River Road. Travel down River Road for about 2 miles past the Town of Killington's Herbert I. Johnson Recreation Center. Entrance to Thundering Falls is on your left. Parking is on the left side of the road.

Route Description: Follow the boardwalk to the end. Once on gravel, you will ascend on a switchback trail. Bear right at the trailhead. The falls is just ahead. For a longer hike, continue on the white-blazed Appalachian Trail for a 0.4 mile incline to Thundering Brook Road. Cross Thundering Brook Road and continue up the stone steps. After 0.5 miles, you will reach the southern side of Kent Pond. Continue on the Appalachian Trail for a 0.5 mile walk alongside Kent Pond. The trail lets out at the Kent Pond Boat Access, where parking is available.

River Road Loop Trail
Killington

Overview: A family-friendly, leisurely walk between the wetlands and the hills of River Road. Keep an eye out for wildlife!

Length: 3 miles

Elevation Gain: 200 feet

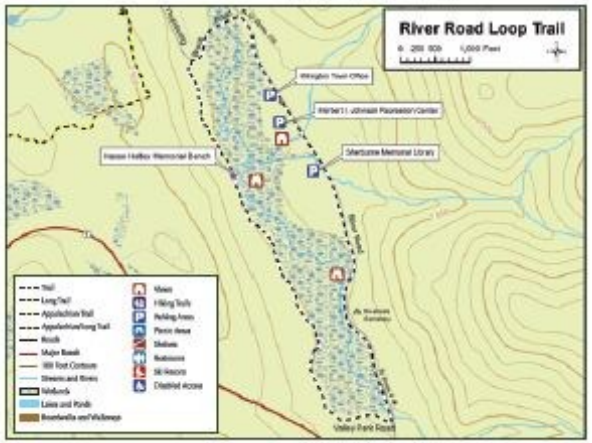
Terrain: Flat, fairly smooth terrain and trail surface

Hiking Level: Easy

Features & Points of Interest: The Hasse Halley Memorial Bench, dedicated by the Killington Mountain School, is located 0.4 miles into the trail from Thundering Brook Road. The bench offers beautiful views of the River Road valley. Keep an eye out for beavers, birds, and moose!

Directions to Trailhead: Travel east on Rt. 4 toward Woodstock for 1.8 miles. Turn left onto River Road. Travel down River Road for about 1 mile. Turn left into the Town of Killington's Herbert I. Johnson Recreation Center parking lot.

Route Description: From the Herbert I. Johnson Recreation Center, walk north on River Road toward the Killington Town Offices, so that the Recreation Center is on your left. After 0.2 miles, turn left onto Thundering Brook Road and continue for 0.2 miles. Turn left at the River Road Loop Trail sign on your left and cross over the wooden footbridge into the forested portion of the trail. The Hasse Halley Memorial Bench is located 0.4 miles into the trail and offers wonderful views of the River Road valley. Continue through the wooded section for 0.6 miles, where the trail curves to the right and meets Valley Park Road. Turn left onto Valley Park Road and follow for 0.4 miles. Turn left onto River Road and walk 1 mile back to the Herbert I. Johnson Recreation Center.



Deer Leap Rock Trail
Killington

Overview: Mountain views of Killington and Pico Mountains, as well as the Rutland Region.

Length: 3.1 Miles

Elevation Gain: 400 Feet

Terrain: Mountain Trail

Hiking Level: Moderate

Features & Points of Interest: The Overlook is a rock outcrop with dramatic views of the Coolidge Range and Sherburne Pass.

Directions to Trailhead: Travel west on US Rt. 4 for approximately 3.5 miles to the top of Sherburne Pass. Parking lot is located on the top of the Sherburne Pass across from the Inn at Long Trail. Trailhead is located across the road. Please be careful crossing Rt. 4.

Route Description: Follow the Sherburne Pass trail north to the junction with the Appalachian Trail at 0.5 miles. Take the Appalachian Trail South for a short stretch, you will almost immediately reach the Junction with Deer Leap, with blue blazes. Take the Deer Leap Trail as it quickly climbs to a small ridge and through an open birch forest to another junction at 0.9 miles. The trail to the left brings you to the overlook.

Blue Ridge Mountain Via the Canty Trail
Mendon

Overview: A typical climb to an aptly named mountain

Length: 6 Miles

Elevation Gain: 1700 feet

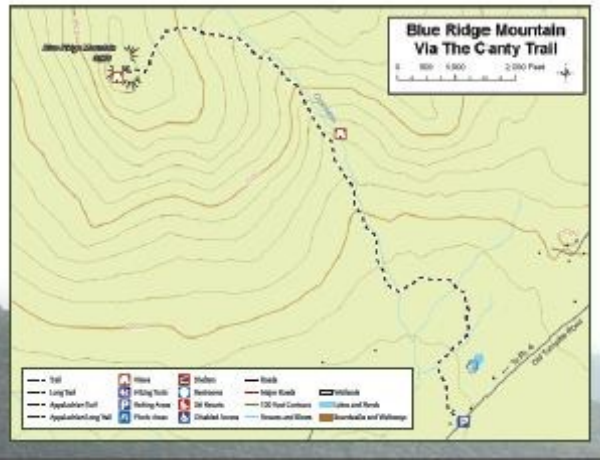
Terrain: Mountain Trail, plus a short road walk

Hiking Level: Difficult

Features & Points of Interest: Along the steep portion of the climb, 1.6 miles from Old Turnpike Rd, look for a short spur trail to the right leading to a large cascade. From the summit, follow a trail for 118 feet west for an even better view, especially toward Rutland City and the west.

Directions to Trailhead: Travel west on US Rt. 4 toward Rutland for 4.6 miles. Turn right onto Old Turnpike Rd. (Killington-Pico Motor Inn is located just after Old Turnpike Rd). Park on the east side of Old Turnpike Rd., well back from Rt. 4. Start your hike up Old Turnpike Rd. (Note: Legal parking space is very limited further up the road.)

Route Description: Continue for 0.8 miles to a private, gated lane on the left at 49 Old Turnpike Rd. Walk around the gate and down the lane. Your trail (blue blazed) bears right from the lane just before passing among some dilapidated buildings or a former camping area. The trail crosses several small brooks and then climbs more steeply along a larger brook. Leaving the brook the trail becomes less steep and arrives at the summit.



White Rocks Ice Beds Trail – *Wallingford*

Overview: The Ice Beds rise up from the floor of the valley, consisting of massive boulders bigger than cars. Snow and ice trapped over the winter months emit cool air all summer long.

Length: 7.8 Miles

Elevation Gain: 1800 Feet

Terrain: Mountain Trail

Hiking Level: Moderate/Difficult

Features & Points of Interest: In the winter, ice forms deep within the crevasses of the rock pile slowly melting during the summer months and leaving a chill of cool air to experience during the hike.

Directions to Trailhead: Travel west on US Rt. 4 1.6 miles to the intersection of Rts. 4 and 7. Turn left onto Rt. 7 South, traveling for 3.5 miles. Turn left onto School SWT-148, traveling 2.1 miles. Take a slight right onto Sugar Hill Rd., then take your first right onto White Rocks Picnic Rd. and follow to the parking area. Trailhead is located in the lot.

Route Description: The ice beds trail leaves from the southwest corner of the parking lot following the blue blazes. After crossing a brook, the trail climbs several switchbacks to the top of a knoll at 0.2 miles. Here a spur trail to the left leads to views of the northwestern side of the White Rocks Cliffs. Continuing on the main trial for another 0.1 miles, there are other vista openings on the left that view the cliffs and the valley to the south. The trail descends and meets an old woods road. Bearing left the trail follows the old road downhill and crosses a stream. From here the trail follows the stream around to the base of the talus pile of massive rocks. Deep within this pile lie the ice beds.

Echo Lake Vista Trail – *Rosewood*

Overview: A short but moderate hike consisting of logging road and footpath, offering beautiful views of Echo Lake.

Length: 7.5 Miles

Elevation Gain: 1,500 Feet

Terrain: Mountain trail

Hiking Level: Moderate

Features & Points of Interest: Scenic views of Echo Lake

Directions to Trailhead: Head east on US Rt. 4 toward Woodstock for 6.7 miles. Turn right onto US Rt. 100 South and travel for 10.6 miles. Take a left onto Kingdom Rd. for 6.7 miles. Turn left onto Scout Camp Rd. and travel 0.5 miles. Trailhead is located across from the Camp Plymouth State Park, so no park entry fees are necessary for trail access.

Route Description: The trail begins on the old logging road across from the park entrance. Hike .5 mile and follow the blue-blazed path which bears left. Follow this trail to the junction with a logging road. Bear left again and travel through an old cemetery which begins in a mixed hardwood forest of birch and beech and turns to red oaks and red spruce as it ascends to higher elevations. As you climb the path, you'll be rewarded with sporadic views of Echo Lake and the state park property. Once you reach the overlook, the trail turns back, crosses Buffalo Brook and then rejoins the logging road. **Note: you must rock hop to cross the creek.**

Mount Tom Via The Precipice Trail – *Woodstock*

Overview: Overlooks Woodstock Village, Billings Farm and Museum, and the Ottauquechee River.

Length: 2.5 Miles

Elevation Gain: 1,340 Feet

Terrain: Standard Trail

Hiking Level: Moderate/Difficult

Features & Points of Interest: The trail leads to the 1,340 foot summit overlooking the village of Woodstock, the Billings Farm and Museum, and the Ottauquechee River.

Directions to Trailhead: Head east on US Rt. 4 toward Woodstock. Just before crossing the river and entering into Woodstock Village, take a left onto Mountain Ave. The turn is located across the street from the Woodstock Recreation center and pool. Turn right up a paved path that leads to the trailhead at Faulkner Park.

Route Description: A yellow blazed, well-graded, smooth gravel path continues up easily through a mature open wooded and sprinkled with glacial erratic. Frequent switchbacks keep the grade easy. Park benches are interspersed along the way.

Leffert's Pond Loop – *Chittenden*

Overview: This is a very pleasant leisurely walk around Leffert's pond in Chittenden, across wooden footbridges, past an old millstone, with a good chance of seeing a moose if you go early in the morning.

Length: 3.2 Miles

Elevation Gain: 100 Feet

Terrain: Flat, fairly smooth terrain and trail surface.

Hiking Level: Moderate

Features & Points of Interest: Remains of an old lodge for employees of Central Vermont Public Service, an old millstone, pond, and mountains.

Directions to Trailhead: Travel west on US Rt. 4 toward Rutland for 5.9 miles. Turn right onto Meadow Lake Dr. (road is located right before Sugar & Spice Restaurant) Drive 1.7 miles to the end of the road. Turn right onto Chittenden Rd. for 2.8 miles where it becomes Dam Rd. Continue on Dam Rd. for 1.4 miles to Wildcat Rd. Bear right onto Wildcat Rd. for 0.3 miles to a gateway on the left. Turn left through the gate and proceed 0.5 miles to the parking lot.

Route Description: From the parking lot walk east, keeping Leffert's Pond picnic area on your right. Go over the old stone bridge and then approximately 0.3 miles to a T-intersection with the VAST snowmobile trail. Turn right at the "T" and go 0.7 miles to Wildcat Rd. Turn right onto Wildcat Rd. and walk 0.5 miles on the road back to the gate. Turn right through the gate and walk 0.5 miles back to the parking lot.