

Overview: This is a hike for the more advanced hiker up to the top of Pico Peak with gorgeous views of Vermont.

Length: 8.5 Miles

Elevation Gain: 2,000 Feet

Terrain: Mountain trail, plus a one-mile highway walk to complete the loop.

Hiking Level: Challenging

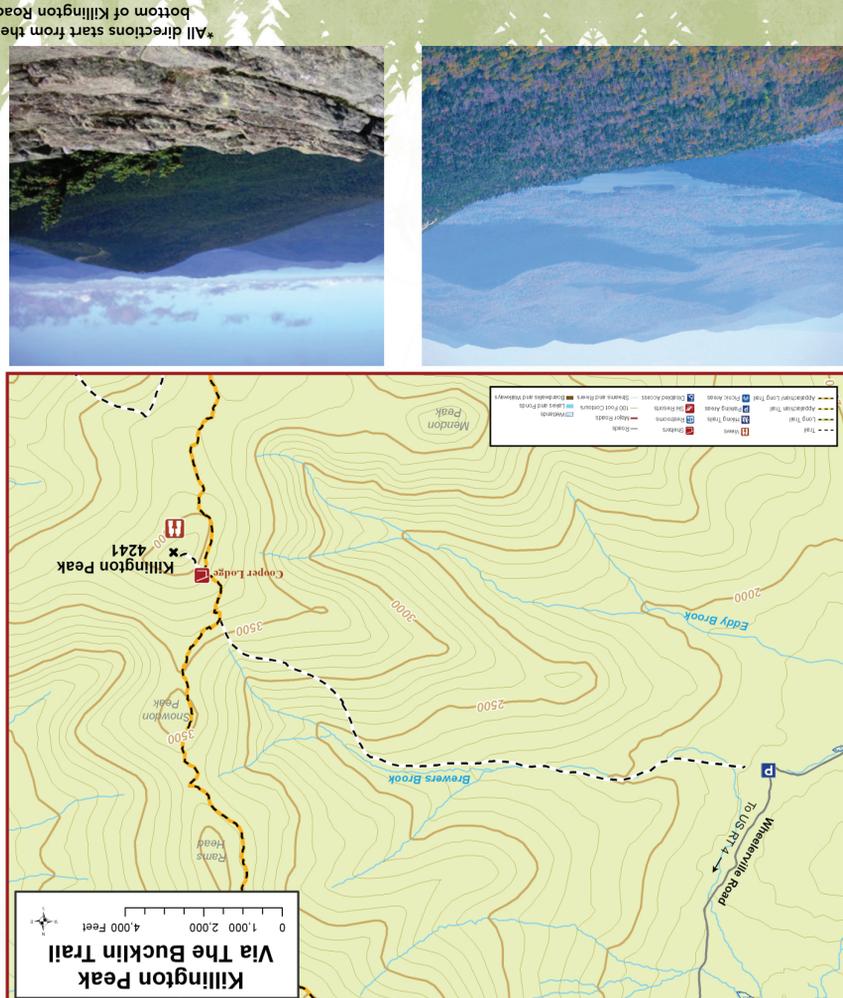
Features: About a mile from Sherburne Pass, notice the sinkhole on the left where a running stream disappears into a hole in the ground.

***Directions to Trailhead:** Travel west on US Rt. 4 toward Pico Mountain resort. After passing Pico Mountain, turn left into the Long/Appalachian Trail crossing parking area. Start your hike at the southwest corner of the parking lot.

Route Description: The Long Trail (white blazes) shares a bridge with the Catamount Ski Trail and then bears left to begin a more or less steady climb. Travel 1.9 miles to a spur trail to Churchill Scott Shelter on the right, then travel an additional 1.9 miles and arrive at Jungle Junction. Turn left and follow the Sherburne Pass Trail (blue blazes) for 0.4 miles to Pico Camp. The Pico link to Pico Peak starts at the north side of the camp. After visiting the Peak, return to the camp and continue north on the Sherburne Pass trail for 2.9 miles to US Rt. 4 at Sherburne Pass. Follow Rt. 4 west for 1.0 miles to return to your starting point.

All directions start from the Killington Region sign located at the bottom of Killington Road and its intersection with Route 4

Pico Peak via the Pico Peak Trail



Overview: Climb to the highest point and the best view in Rutland County. Killington Peak is the second highest peak in Vermont.

Length: 7.2 Miles

Elevation Gain: 2,500 Feet

Terrain: Mostly standard trail; a steep, rocky scramble with some use of hands on final 0.2 miles.

Hiking Level: Challenging

Features: At 4,241', Killington Peak represents one of the few alpine regions above the tree line in Vermont. It offers a 360-degree view to include mountains of the Green, Taconic, White, and Adirondack ranges and nearby Rutland City.

***Directions to Trailhead:** Travel west on US Rt. 4. Travel approximately 5.5 miles and then turn left onto Wheelerville Rd. Travel for 4.1 miles to unmarked Brewers Corner, a sharp, 90-degree right turn with a parking area and trailhead on the left. Park in the parking area and start your hike from the back of the parking lot.

Route Description: The blue-blazed Bucklin Trail proceeds to the east for 2.0 miles on a gentle grade, turns right, leaves the brook, and climbs steadily for 1.3 miles where it is joined from the left by the white-blazed Long/Appalachian Trail. Hike another 0.1 miles to Cooper Lodge. One hundred feet above the lodge at a group of tent platforms, the Long/Appalachian Trail departs to the right while the blue-blazed Killington Spur Trail continues ahead up the final steep, rocky, 0.2 mile scramble to the summit. Reverse route to return to trailhead.

Killington Peak via the Bucklin Trail

Welcome To Killington: The Summit of Vermont Hiking

High above Killington at the crossroads of Vermont lies the intersection of two renowned and historic hiking trails that beckon hikers and trekkers from around the world: The Appalachian Trail and the Long Trail. These two celebrated trails provide challenge and gratification to everyone from the most experienced hikers and trekkers to first-timers wishing to experience the awe and adventure of hiking in Vermont's Green Mountains.



Included in this map are ten hikes ranging from easy to challenging. Each map provides the following information: Overview, trail length, elevation gain, terrain, hiking level, features, directions to trailhead and route description.

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Whether you're looking for a day of adventure, a short family walk or a moderate hike to a scenic vista, this map will provide all the information you'll need.

We now invite you to explore, discover and celebrate the very best of Vermont hiking in Killington.



Thundering Brook Falls

KILLINGTON
Recreation & Parks

Town of Killington
Parks and Recreation
PO Box 429
Killington, VT 05751
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discoverkillington.com

Killington Region Hiking Trail Guide and Maps



Discover Your Passion
Discover Killington

discoverkillington.com

Town of Killington Parks & Recreation Hiking Guidelines

Leave your itinerary and schedule with a responsible person

Wear supportive, comfortable shoes and dress in waterproof layers

Know your abilities and pack accordingly-bring water, sunblock, a snack and a first-aid kit

If you're unsure of what trail to take, backtrack until you re-gain your bearings

Don't litter – only carry in what you can carry out

Do not disrupt any wildlife

Conduct a 'tick-check' after you've completed your hike

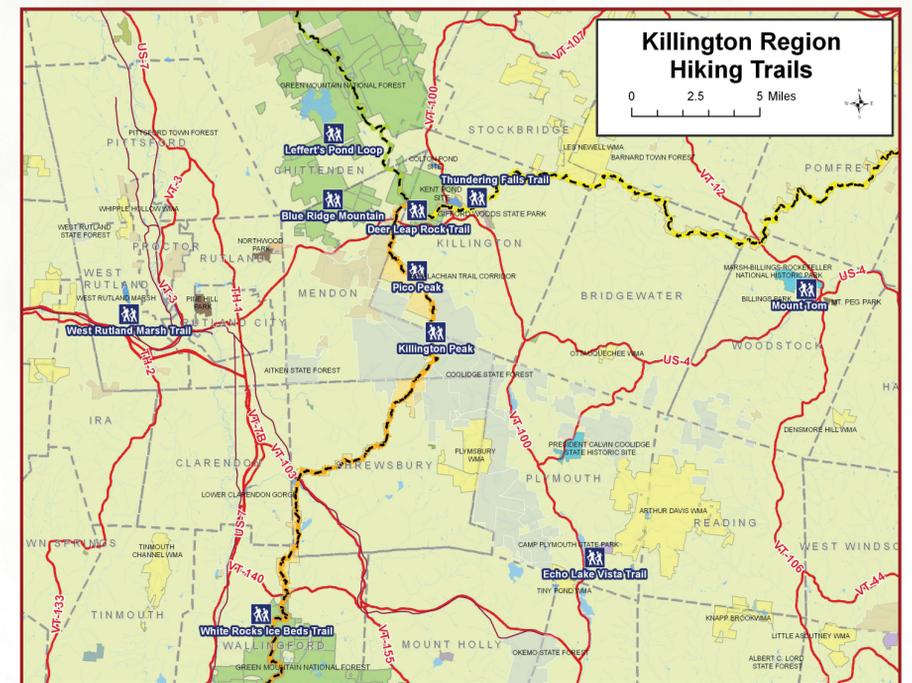
Trail Categories

Easy: Most of these trails are relatively short and less than two miles long with few steep pitches and many flat or gentle sections where you can catch your breath. The vertical climb is normally less than 750 feet.

Moderate: Most trails rated 'moderate' are less than three miles long. They climb fairly continuously uphill with occasional rest stations. Steep pitches are common. The vertical climb is normally between 750 feet and 1,500 feet. You should allow half a day.

Difficult: Trails rated 'difficult' tend to be longer than three miles with vertical climbs exceeding 1,500 feet. There are very few "rest" sections. You should attempt these trails only if you are in excellent physical condition.

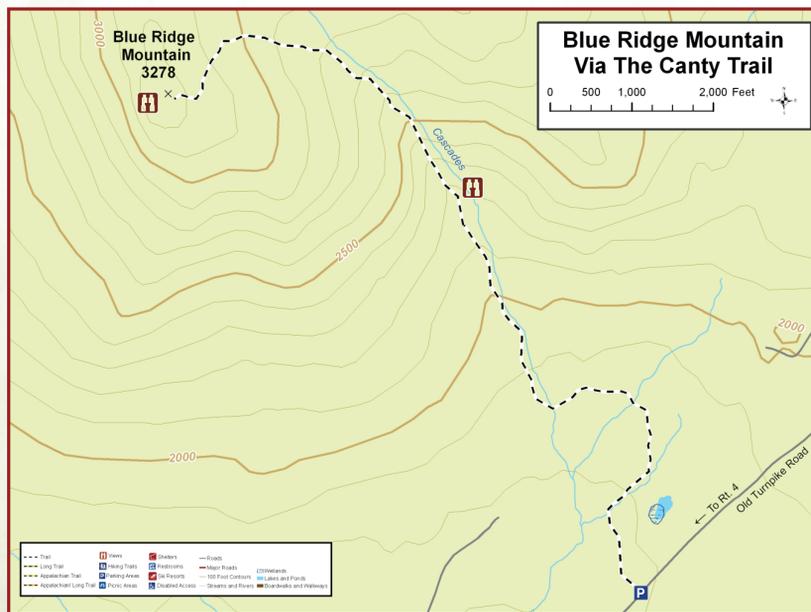
Killington Region Hiking Trails Overview



Trail Maps Legend

--- Trail	H Views	Shelters	Roads
--- Long Trail	Hiking Trails	Restrooms	Major Roads
--- Appalachian Trail	Parking Areas	Ski Resorts	100 Foot Contours
--- Appalachian/ Long Trail	Picnic Areas	Disabled Access	Streams and Rivers
			Wetlands
			Lakes and Ponds
			Boardwalks and Walkways

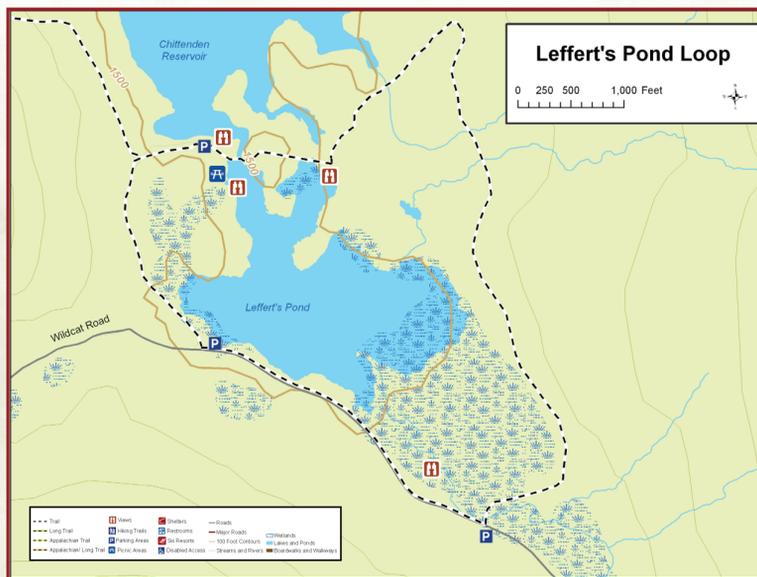
Blue Ridge Mountain via the Canty Trail Mendon



Overview: A rocky and sometimes steep trail passing by waterfalls and offering prime bird watching at the peak.
Length: 6 Miles
Elevation Gain: 1,700 feet
Terrain: Mountain trail, plus a short road walk
Hiking Level/Difficulty: Challenging
Features: Along the steep portion of the climb (1.6 miles from Old Turnpike Rd) look for a short spur trail to the right leading to a large waterfall. From the summit, follow the trail for 150 feet for an even better view, especially toward Rutland City and the west.
***Directions to Trailhead:** Travel west on US Rt. 4 towards Rutland for 4.6 miles. Turn right onto Old Turnpike Rd. and

travel 0.6 miles to the trailhead at a gated private lane. Park on the shoulder of the public road. Please be mindful not to block the private lane.
Route Description: Walk around the gate and down the lane. Your trail (blue blazes) bears right from the lane just before passing buildings of a former camping area. The trail crosses several small brooks and then climbs more steeply alongside a larger brook. Leaving the brook, the trail becomes less steep and arrives at the summit. Reverse route to return to trailhead.

Leffert's Pond Loop Chittenden

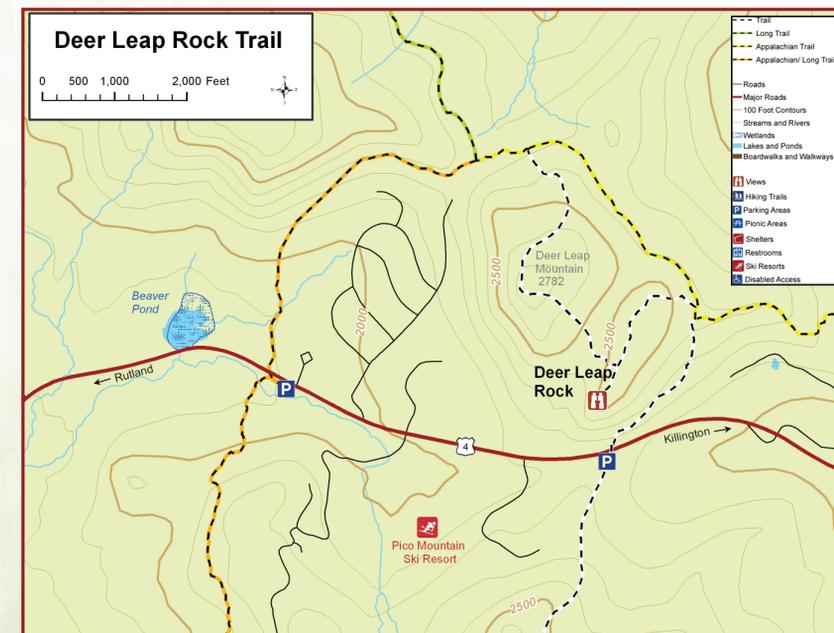


Overview: A very pleasant and leisurely walk around Leffert's pond in Chittenden across wooden footbridges and past an old milldam (with a good chance of seeing a moose if you go early in the morning).
Length: 2.3 Miles
Elevation Gain: 100 feet
Terrain: Flat and smooth
Hiking Level: Easy
Features: You'll see the remains of an old lodge for employees of Central Vermont Public Service, an old milldam, Leffert's pond and mountains.
***Directions to Trailhead:** Travel west on US Rt. 4 towards Rutland for 6.9 miles. Turn right onto Meadow Lake Dr., located before Sugar & Spice Restaurant. Drive 1.7 miles

to the end of the road. Turn right onto Chittenden Rd. for 2.9 miles (becomes Dam Rd.). Continue on Dam Rd. for 1.4 miles to Wildcat Rd. and bear right onto Wildcat Rd. for 0.9 miles to a gateway on the left. Turn left through the gate and proceed 0.5 miles to the parking lot.
Route Description: From the parking lot, walk east, keeping Leffert's Pond picnic area on your right. Go over the old stone bridge and walk approximately 0.5 miles to a T-intersection with the VAST snowmobile trail. Turn right at the 'T' and go 0.7 miles to Wildcat Rd. Turn right onto Wildcat Rd. and walk 0.5 miles on the road back to the gate. Turn right through the gate and walk 0.5 miles back to the parking lot.

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Deer Leap Rock Trail Killington



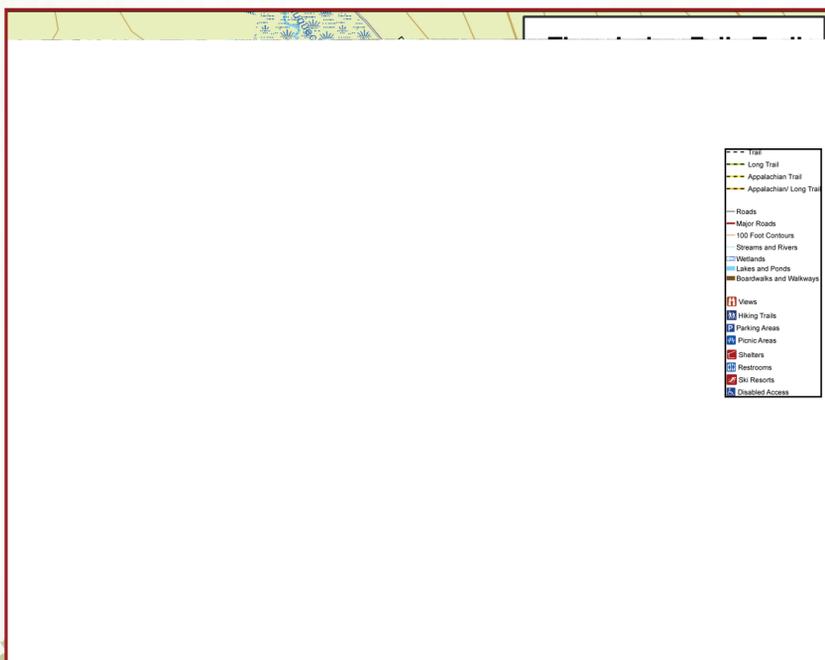
Overview: The Overlook is a rock outcrop with dramatic views of the Coolidge Range and Sherburne Pass.
Length: 3.1 Miles
Elevation Gain: 600 Feet
Terrain: Mountain Trail
Hiking Level: Moderate
Features: Mountain views of Killington Peak and Pico Mountain as well as the Rutland Region.
***Directions to Trailhead:** Travel west on US Rt. 4 for approximately 1.5 miles to the top of Sherburne Pass. The Parking lot is located on the top of the Sherburne

Pass across from the Inn at Long Trail. Trailhead is located across the road. Use caution crossing Rt. 4.
Route Description: Follow the Sherburne Pass trail north to the junction with the Appalachian Trail at 0.5 miles. Take the Appalachian Trail south for a short stretch; you will almost immediately reach the junction with Deer Leap (blue blazes). Take the Deer Leap Trail as it quickly climbs to a small ridge and through an open birch forest to another junction at 0.9 miles. The trail to the left brings you to the overlook. Reverse route to return to trailhead.

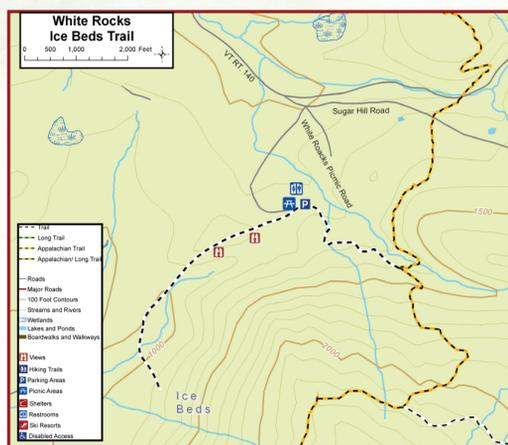
Thundering Falls Trail Killington

Overview: A family-friendly, handicapped-accessible walk to a spectacular waterfall.
Length: 1 Mile
Elevation Gain: 30 Feet
Terrain: Boardwalk, packed gravel
Hiking Level: Easy
Features: Sixth largest waterfall in Vermont; historical mill site.

***Directions to Trailhead:** Travel east on Rt. 4 toward Woodstock for 1.8 miles. Turn left onto River Road. Travel 1.5 miles, just past Town of Killington offices. Entrance to Thundering Falls is on your left. Parking is on the left side of the road.
Route Description: Take the boardwalk until you begin to ascend on a switchback trail. Bear right at the trailhead. The falls are just ahead. The trail to the left brings you to the overlook. Reverse route to return to trailhead.

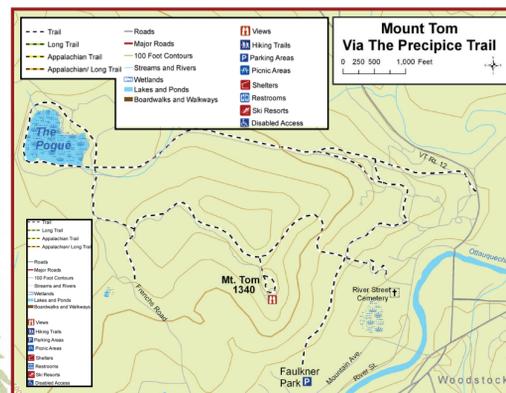


White Rocks Ice Beds Trail - Wallingford



Overview: This trail passes through the ice beds and large boulders which rise from the valley floor.
Length: 1.8 Miles
Elevation Gain: 180 Feet
Terrain: Mountain trail
Hiking Level: Moderate/Difficult
Features: While hiking, you'll feel cool breezes caused by snow and ice trapped during the winter months.
***Directions to Trailhead:** Travel west on US Rt. 4 10.6 miles to the intersection of Rts. 4 & 7. Turn left onto Rt. 7 South and travel 9.9 miles. Turn left onto School St/VT-140 and travel for 2.1 miles. Take a slight right onto Sugar Hill Rd., then take first right onto White Rocks Picnic Rd. and follow to the parking area. Trailhead is located in the lot.
Route Description: The ice beds trail leaves from the southwest corner of the parking lot following the blue blazes. After crossing a brook, the trail climbs several switchbacks to the top of a knoll at 0.2 miles. Here, a spur trail to the left leads to views of the northwestern side of the White Rocks Cliffs. Continuing on the main trail for another 0.1 miles, there are openings on the left to view the cliffs and the valley to the south. The trail then descends and meets an old road. Bearing left, the trail follows the old road downhill and crosses a stream. From here, the trail follows the stream around to the base of the pile of massive rocks. Deep within this pile lie the ice beds. Reverse route to return to trailhead.

Mount Tom Via The Precipice Trail - Woodstock



Overview: A scenic trail that overlooks Woodstock Village, Billings Farm & Museum and the Ottauquechee River.
Length: 2.5 Miles
Elevation Gain: 1,340 Feet
Terrain: Standard Trail
Hiking Level: Moderate/Difficult
Features: The trail leads to the 1,340 foot summit overlooking Woodstock Village, the Billings Farm and Museum, and the Ottauquechee River.
***Directions to Trailhead:** Head east on US Rt. 4 towards Woodstock. Just before crossing the river and entering into Woodstock Village, take a left onto Mountain Ave. The turn is located across the street from the Woodstock Recreation center and pool. Turn right up a paved path that leads to the trailhead at Faulkner Park.
Route Description: A yellow-blazed, well graded, smooth gravel path travels up through a mature open woodland. Frequent switchbacks moderate the incline. Park benches are interspersed along the way. Reverse route to return to trailhead.

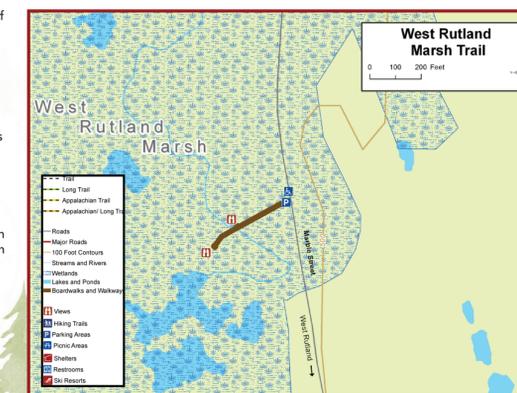
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Echo Lake Vista Trail - Plymouth



Overview: A short but moderate hike offering beautiful views of Echo Lake.
Length: 1.5 Miles
Elevation Gain: 1,500 Feet
Terrain: Mountain trail
Hiking Level: Moderate
Features: Scenic views of Echo Lake
***Directions to Trailhead:** Head east on US Rt. 4 towards Woodstock for 6.1 miles. Turn right onto US Rt. 100 south for 10.6 miles. Turn left at Kingdom Rd., 0.7 miles. Turn left onto Scout Camp Rd. and travel 0.5 miles. Trailhead is located across from the Camp Plymouth State Park; no park entry fees are necessary for trail access.
Route Description: The trail begins on the old logging road across from the park entrance. Hike 0.1 miles and follow the blue-blazed path bearing left. Follow trail to the junction with a logging road. Bear left and travel through an old cemetery. Trail begins in a mixed hardwood forest of birch and beech and turns to red oaks and red spruce as it ascends to higher elevations. As you climb the path, you'll be rewarded with sporadic views of Echo Lake and the state park property. Once you reach the overlook, the trail turns back, crosses Buffalo Brook and then rejoins the logging road. **Note:** You must rock hop to cross the creek. Reverse route to return to trailhead.

West Rutland Marsh Trail - West Rutland



Overview: A wheelchair-accessible trail offering one of the best bird watching venues in the state.
Length: 200 yards
Elevation Gain: None
Terrain: Boardwalk with railing.
Hiking Level: Easy
Features: A great place to see wetland birds and birds of prey.
***Directions to Trailhead:** Take US Rt. 4 west towards Rutland for 10.5 miles. At intersection of Rts. 4 and 7, turn left at the traffic light following signs to Business Rt. 4. Take first right onto Business Rt. 4. Follow Rt. 4 into West Rutland. At the flashing red light intersection of US Business Rt. 4 (Main St.) and Marble St., go north for 1.4 miles on Marble St. Look for a small parking area on the left with a sign "West Rutland Marsh Boardwalk."
Route Description: Follow the boardwalk for about 100 yards into the marsh to a small viewing platform. Reverse route to return to trailhead.